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set up your individual or group  
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**SABRE**



**MAKING GROWN MEN CRY SINCE 1975!**

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## Civilian Safety Awareness Program



BY **SABRE**

**Be Smart  
Be Ready  
Be Safe!**

## *Have You Ever Felt Vulnerable?*

Have you ever been awoken by a startling sound during the middle of the night?  
How about the last time you walked across a dark parking lot or felt that eerie  
feeling while walking to your car in a parking garage? Remember the stranger  
following too closely behind you? What about the relief you felt after it was over?  
What if you had been attacked? Want to feel more secure and less vulnerable?

You can become a victim or you can take control of the situation. If you answered  
yes to any of the above, then  
you need to take this program  
and learn survival skills which  
may save your life!



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## Everyone Should Take This Program



Commuters... Retirees... Nurses... Couples...  
Homemakers... Bartenders... Singles... Runners...  
Wait Staff... College Students... Walkers...  
Your Loved Ones... Real Estate Agents...  
Managers ... Women... Men... Your Children...  
Business Travelers...

*If you work with strangers,  
this class is certainly for you.*

Men? Absolutely! Whether you're a male or female, even if you have proficient self defense skills, why go hands on when you can possibly avoid an attack or defend yourself from a distance?

Carry a cell phone? Maybe you'll have time to call the police, but it could take several minutes for them to arrive!

You must be at least 18 years old to attend.



## What You Will Learn

CSAP will teach you how to avoid dangerous encounters. Unfortunately, all dangerous encounters cannot be avoided; so CSAP will also teach you:

- Safety Awareness Tips
- How to Carry and Properly Deploy Pepper Spray
- Verbal Commands and Presence
- Training Drills with Inert Training Sprays
- Post Deployment Advice
- Simple Self Defense Techniques



Become proficient and accurate when using your SABRE pepper spray by deploying Water Filled, Inert Practice Sprays at Static Targets. Advance your skills by deploying the Practice Spray at your instructor during a simulated attack! BE SMART – BE READY – BE SAFE!

## What You Will Receive

CSAP students will be exposed to three (3) hours of Safety Awareness Information, Tips, Skills and Techniques within an intimate and fun atmosphere. Class sizes will be relatively small allowing your instructor to critique your performance and provide important feedback.

Each student will receive:

- SABRE Civilian Safety Awareness Manual
- 3 SABRE Water Filled, Inert Practice Canisters
- SABRE Defense Spray with Quick Release Key Ring
- Survivor Skills for Smart Living
- Certificate of Completion



## Why Was the Program Created?

Security Equipment Corporation (SEC), the family owned and operated manufacturer of SABRE Defense Sprays, wanted to further increase the safety of SABRE users! The Nance family teamed up with elite law enforcement instructors to design a program specifically to maximize your safety.

Although every SABRE canister is packaged with instructions on how to use the product, the techniques presented to avoid attacks and the practical training drills executed during simulated attacks give CSAP students knowledge and experience to live smarter and safer.



CSAP's lead Master Instructor, Gary Sikorski, is a retired Deputy Chief from the Detroit Area and has taught safety awareness programs for over ten (10) years. Gary's programs were so popular that he became the go to safety expert for the local NBC news affiliate.

*For information on the  
next CSAP program,  
visit [sabrered.com](http://sabrered.com).*

## Who Will Teach the Program

Your SABRE Civilian Safety Awareness Program will be taught by a Certified SABRE CSAP Instructor. Prior to becoming a Certified SABRE CSAP Instructor, your Instructor had to display his/her presentation abilities, knowledge of the program content, and ability to teach the practical safety drills.



Knowledge, Enthusiasm, Passion, and Professionalism are required characteristics of SABRE Civilian Safety Awareness Instructors.



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### 2007 US CRIME STATISTICS

- Murder – Every 31 Minutes (46 People Per Day!)
- Rape – Every 5.8 Minutes (248 People Per Day!)
- Robbery – Every 1.2 Minutes (1,200 Per Day!)
- Aggravated Assault – Every 37 Seconds (2,345 People Per Day!)

